

wearing instructions

cradle carry

0-4 months



1

Put sling on non-dominant shoulder. Line up seam under opposite nipple. Put padding on outside. Hold baby with non-dominant hand.



2

Open the outer edge of the pouch so it clears the baby's bottom. Line up the seam with the baby's diaper and cross baby's feet.



3

Lower his bottom first, sliding back down your front. Baby's feet will be crossed and on top of his or her body.



4

Slide baby down into the pouch. Baby should be between the two layers of fabric.



5

Tip:
We sometimes use the padding as a handle to help. The seam should be aligned with the diaper.



6

Cradle his head with the side of the pouch. Hooray! Time to go chase your 3 year old.